

YES, YOU CAN – BAD STRESS
JANUARY 15, 2017

- **Less Is More**
- **Bad Stress**
- **Generous Life**
- **Tomorrow Matters**

The rich rule over the poor, and the borrower _____. Proverbs 22:7

For the Spirit God gave us does not make us _____, but gives us _____, _____ and _____. Timothy 1:7

**THREE PRAYERS TO PRAY
WHEN GETTING OUT OF DEBT**

1) GOD, GIVE ME _____.

Like a city whose walls are broken down is a person who lacks _____. Proverbs 25:28

2) GOD, GIVE ME _____.

My people are destroyed for _____... Hosea 4:6

- If you pay \$250 per month on \$16,000 debt at ____% interest, it will take 40 years to pay off and you will pay \$_____ in interest.
- If you invest \$16,000 at __% interest over 40 years, you will have just under \$_____.
- If you invest \$16,000 and add \$250 per month at _____% interest over 40 years you will amass over \$_____.

3) GOD, GIVE ME A _____.

The _____ of the diligent lead to _____ as surely as haste leads to _____. Proverbs 21:5

For the _____ God gave us does not make us timid, but _____, love and self-discipline. Timothy 1:7

PRAY & DISCUSS IT

- Take a minute to write down your three greatest financial stressors.
How are they holding you back?
- What are a few things you can say no to?
- Do you have a plan for paying off debt? Where do you plan to start?
- In what way can you submit your finances to the powerful work of the Holy Spirit.
- Try praying over your finances as you surrender them to God. What does He tell you?