

CHRISTMAS IS FOR-GIVEN

Dec 18, 2016

- GUILT IS HOLY SPIRIT PROMPTING: I ____.
- SHAME IS THE LIE: I _____.

If we confess our sins, [God] is faithful and just and will _____ us our sins and purify us from all unrighteousness. 1 John 1:9

_____-BASED THINKING

- We are vulnerable to _____.
We attempt to silence our shame with _____ performances and find it difficult to admit _____.
- We are _____ of ourselves making us critical of others. We see our faults _____ in others.
We become _____ of others and are perceived as self-righteous or arrogant.
- We use _____ thoughts as a form of protection and escape.
We focus on the _____ possible outcome, sabotaging opportunities and _____.

"Fear not; _____. Don't be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth..." Isaiah 54:4 NLT

- YOU'RE STILL BELIEVING YOU ARE _____ THAT GOD SAYS YOU ARE _____.
- THE ONLY WAY TO HEAL FROM SHAME IS TO MOVE THE FOCUS FROM WHAT _____ TO WHO _____.

BECAUSE OF CHRIST

- I AM NOT _____.
- BECAUSE OF CHRIST I AM _____.

Then the LORD said to Joshua, "_____ I have rolled away the _____ of your slavery in Egypt." ... Joshua 5:9 NLT

"Fear not; _____. Don't be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth..." Isaiah 54:4 NLT

PRAY & DISCUSS IT

- "I did bad, so I am bad." What's your first memory of feeling this way?
- What does your shame-based thinking sound like? What can you do to change it?
- Fill in the blanks with your new shame-free identity.
I am no longer _____.
Because of Christ, I am _____.